

**14TH
JANUARY
Altadena Library
Bob Lucas**

HEALING FORWARD WORKSHOP

Manifesting M. E. Wellness and Pulse Arts provide a trauma informed grief and loss healing circle that honors multi cultural ways of moving through grief. This is an interactive creative art therapy session designed for families and individuals of all ages.

ART FOR FAMILIES



**@ManifestingMEWellness
@PulseartsLA**

@pulseartsLA

**2659 Lincoln Ave,
Altadena, CA 91001**